## ALONE SEASON 3 CAST - DAVE NESSIA



Dave realized his love for the outdoors at 8 years old, when, as a camper, he learned about edible plants and one-match fires. At 32, he became obsessed with learning and teaching survival skills, and became a Desert Survival Instructor at Boulder Outdoor Survival School (BOSS). During his time at BOSS, he lived in a cave, two wickiups, a pit house, a stone shelter and a Kazakhstani felted yurt. Continually honing his skills, he has ventured on many walkabouts without any modern gear. One of his most memorable trips was when he spent 44 winter days living in a pit house, with temperatures reaching negative 6 degrees Fahrenheit. He continues to teach bushcraft skills, striving to live in a way that gives him bliss.

Here are the ten items Dave selected to bring on his survival journey to Patagonia:

- 1. Sleeping Bag: -20°, synthetic
- 2. Tarp: clear poly tarp
- 3. Ax: medium felling ax
- 4. Knife
- 5. Ferro Rod
- 6. Fishing Line & Hooks: 25 hooks; 8 lb test & 50 lb test
- 7. Frying Pan: steel
- 8. Bow & Arrows: 4 broadhead points & 2 judo points
- 9. Rations
- 10. Rations

Bio from: http://www.history.com/shows/alone/cast

