



# ALONE

Season Premiere Thurs June 14 at 10/9c

## CAST



## BRITT AHART

**Age: 42**

**Mantua, OH**

**Accountant**

Britt's returning for Season 5 of Alone, and more determined than ever before. After his experience of 35 days in Patagonia for Season 3, he realized the experience was like nothing he had ever experienced. He emerged at the end a completely changed person and was more in touch with himself physically, mentally and spiritually than ever before. Baptized by fire, he had successes and failures that pushed him to learn, practice and expand his skills and knowledge. In Patagonia, Britt feels that he fought with nature. This season, he plans to co-exist with it. He's a new man coming to Mongolia, and he plans to reach the finish line.

**Here are the ten items Britt selected to bring on his survival journey to Mongolia:**

1. Knife
2. Multitool

3. Paracord
4. Fishing line and hooks
5. Pot
6. Ferro Rod
7. Sleeping Bag
8. Bow and arrows
9. Folding saw
10. Trapping wire

## MORE CAST

