

ALONE

Season Premiere Thurs June 14 at 10/9c

CAST



DAVE NESSIA


Dave's 73-day experience on Season 3 of *Alone* in Patagonia opened him to some life enhancing truths —if you have the courage, life does not have to continue in the direction you are going, and life has much more spice when you open yourself to living. With this in mind, Dave quit his job of six years as a bushcraft instructor, moved into his truck, and searched for new ways to learn and experience the world. This involved consulting for the television and fly fishing. Dave's hope in Mongolia is to build a strong spiritual connection with the land and to learn what it takes to co-exist in this ecosystem.

Here are the ten items Dave selected to bring on his survival journey to Mongolia:

1. Axe
2. Sleeping bag
3. Pot
4. Ferro rod
5. Fishing line and hooks
6. bow and arrows
7. Gill net

- 8. Trapping wire
- 9. Knife
- 10. Food ration

Founder's Days
are here!



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MORE CAST



Britt Ahart



Nicole Apelian