



# ALONE

## CAST



### MICHELLE WOHLBERG

**Age:** 31

**Hometown:** Mullingar, Saskatchewan, Canada

**Profession:** Homesteader

Michelle Wohlberg is a homestead pioneer thriving in the central area of Saskatchewan, living with her son Lars and her husband Dan. Michelle's lifestyle places her in the forefront of long-term sustainability and self-sufficiency. When not helping out her fellow remote neighbors, she is hunting and trapping to fill her family's food stores for the harsh Canadian winters. She's considered a leader in her community and key influencer in both homesteading and outdoor survival skills.

Michelle is looking forward to her next adventure, teaching survival and outdoor experiences from a camp in Northern Saskatchewan, where she hopes to empower people through ancestral knowledge.

**Here are the ten items Michelle selected to bring on her survival journey to the Arctic:**

- 1. Ax
- 2. Multitool
- 3. Folding saw
- 4. Sleeping bag
- 5. Pot
- 6. Fishing line and hooks
- 7. Trapping wire
- 8. Emergency ration
- 9. Ferro rod
- 10. Paracord

### MORE CAST



Tim Backus



Nathan Donnelly



Donny Dust



Jordan Jonas

