



# Alone

New Season Thursday, May 26 at 9/8c

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## Cast



Juan Pablo Quinonez from Alone, Season 9

### JUAN PABLO QUIÑONEZ

Season 9

Age: 30

Hometown: Pinawa, Manitoba, Canada and Guadalajara, Mexico.

Profession: Outdoor Professional

Juan Pablo Quiñonez is a survival specialist, outdoor professional, and wilderness first responder with over 10 years of experience in outdoor recreation and survival. He holds a B.A. in Applied

Ecotourism and Outdoor Leadership. Juan Pablo grew up in Mexico, where he loved going into the forest to trap rattlesnakes, scorpions and lizards.

His outdoor and survival experiences include backpacking the entire Pacific Crest Trail (2650 miles) in 99 days; paddling over 1500 miles during numerous whitewater and flatwater trips (including the Hayes River to Hudson Bay); living for six months in the wild with his partner, Jennifer, foraging to compliment their semi-starvation rations; and spending 100 days foraging in solitude during the boreal winter, supported only by small rations.

Juan Pablo loves adventure and is passionate about living off the land. He loves activities that push him to his maximum potential and test his own limits. He believes it's important to practice and share the skills and wisdom of our hunter-gatherer ancestors, that strengthening a genuine connection to the land is key for resilience in these times of disruption and decline. If he wins Alone, he'll use the prize money to buy land and begin a homestead community where he can start a family. He's excited about this opportunity to test the limits of his body and mind.

Here are the ten items Juan Pablo selected to bring on his survival journey to the remote wilderness valley in Labrador, Canada:

1. Ferro rod
2. Paracord
3. 2-quart pot
4. Ax
5. Fishing line and hooks
6. Saw
7. Bow and arrows
8. Sleeping bag
9. Trapping wire
10. Multitool