

Alone

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Cast



MATT CORRADINO

Season 8

Age: 42

Hometown: St. Croix, U.S. Virgin Islands

Profession: Wilderness Survival Instructor

Matt grew up in Norfolk, Virginia as a typical suburban/city kid. Family camping trips sparked a deeper interest in nature, which grew through the years.

As a young adult, a chance meeting with a childhood friend resulted in him acquiring a book by Tom Brown Jr. and, during his few years of homeless wandering, the seed planted by that book and others became fertilized. After taking a class at Tom Brown Jr.'s Tracker School, Matt made primitive survival his life's focus. During his almost 7 years as a full-time instructor, he met his wife and the two of them lived year-round in a primitive shelter while teaching in the Pine Barrens in New Jersey, encompassing all aspects of survival.

In 2012, Matt and his wife took an amazing opportunity and bought an eco-camp in St. Croix in the US Virgin Islands called Mt. Victory Camp. There, they run their own wilderness survival school, Caribbean Earth Skills, which teaches both adults and children. The couple is also raising their two-year-old son and six-year-old daughter.

Matt sees Alone as an opportunity to hone his skills and challenge himself in a new environment. As a lifelong learner, he is looking to humble himself and learn to fuse with the landscape and his instincts. More importantly, he sees survival experiences as a spiritual quest and a chance to become a better human being and hopefully tell a few good jokes along the way.

Here are the ten items Matt selected to bring on his survival journey to Grizzly Mountain:

1. Bow and arrows
2. Fishing line and hooks
3. Knife
4. Saw
5. Sleeping bag
6. Paracord
7. Pot
8. Water bottle
9. Food ration
10. Snare wire

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Terry Burns

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Tom Garstang

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Benji Hill

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Karie Lee Knoke

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Jessie Krebs

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Igor Limansky