



# Alone

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## Cast



### WAYNE RUSSELL

Season 1

Wayne's love for the outdoors dates back to his childhood, when he and his two older brothers would spend hours in the woods building shelters and learning about wild edibles from their mother. Shelter building soon gave way to hunting, fishing and the art of processing big game. By the time he was 16, Wayne was already pushing himself by venturing out into the woods alone to put his survival skills to the test. Within a short period of time, he was preparing wild meat and spending his nights in self-made brush shelters with minimal gear. Eventually he started on his solo expeditions. Leaving behind his common-law wife, three sons and stepson, Wayne is eager to take on the challenges of surviving in the wilds of Vancouver Island. He sees this as an opportunity to not only share his experience with others, but also as a once in a lifetime opportunity to test the

skills he's been honing since he was a child. He is confident that his knowledge and abilities will pull him through to the end.

Here are the ten items Wayne selected to bring on his survival journey to Vancouver Island:

- 1) 12×12 ground sheet
- 2) 550 paracord – 20m
- 3) Saw
- 4) Ax
- 5) Sleeping bag
- 6) large 2 quart pot
- 7) Ferro rod
- 8) 300 yards of single filament fishing line and 25 assorted hooks
- 9) knife
- 10) Leatherman multi tool

## More Cast

SEASON 9

Terry Burns

SEASON 9

Tom Garstang