

## Alone

New Season Thu. Jun. 8 at 9/8c; Stream Next Day

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### Cast



#### ALAN TENTA

Season 10

Age: 52

Hometown: Columbia Valley, BC, Canada

Profession: High School Teacher

Alan lives in the Columbia Valley in British Columbia, Canada with his wife Lisa; they have two children, Davis and Mackenzie. Alan teaches at the local secondary school and shares his passion for the outdoors with his students. It was his Outdoor Education class that initially encouraged him to apply for Alone.

Alan was introduced to the outdoors at a young age. Under the guidance of his father, Alan developed a passion for fishing, hunting, and archery. Fishing the small creek below his house with a worm and float developed into a love of fly fishing. Later in life, his interest in archery allowed for a natural transition to bowhunting. He enjoys camping with his family and friends, adventure motorcycling, fly fishing the local lakes and streams, and bow hunting deer, elk and turkey.

Being a participant on Alone will be Alan's ultimate adventure. He looks forward to pushing the limits of his physical and mental capabilities and, at the same time, testing his skills as a bowhunter, fisherman, forager and bushcrafter.

Here are the ten items Alan selected to bring on his survival journey to the bone-chilling temperatures of Northern Saskatchewan, Canada:

1. Ax
2. Saw
3. Ferro Rod
4. Fishing Line and Hooks
5. Bow and Arrows
6. Sleeping Bag
7. Cooking Pot
8. Paracord
9. Snare Wire
10. Multitool

### More Cast

SEASON 10

James "Wyatt" Black

SEASON 10

Cade Cole